



CAW EXTREME HEAT and AIR QUALITY POLICIES

(Revised September 2023)

ADVERSE WEATHER REGULATIONS - EXTREME HEAT

BACKGROUND

The CAW Board accepts that cricket is a game played during summer and that conditions of extreme heat are likely to be experienced and expected by participants.

It is also acknowledged that the weather and temperature conditions experienced at individual grounds throughout the playing areas of the region can vary considerably. The standard of grounds and the grass cover also impact on the comfort levels of the participants.

Umpires are appointed as independent referees to adjudicate on difficult matters during a match. These guidelines provide that there may be circumstances where Umpires are required to make decisions which could directly determine which team or teams gain premiership points because of the intervention of extreme weather conditions.

GUIDELINES

Cancellation of Play Provincial 1st and 2nd Grade

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 42.0 Degrees or Over, then all CAW Provincial 1st and 2nd Grade matches for that round are OFF.

Cancellation of Play District 1st and 2nd Grade

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 42.0 Degrees or Over, then all CAW District 1st and 2nd Grade matches for that round are OFF.

Cancellation of Play Hume 1st and 2nd Grade

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Corowa/Rutherglen for the following days matches is 41.0 Degrees or Over, then all CAW Hume 1st and 2nd Grade matches for that round are OFF.

Cancellation of Play C Grade Division 1,2 and 3

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 40.0 Degrees or Over, then all C Grade Division 1,2 and 3 matches for that round are OFF.

Cancellation of Play all CAW Juniors Friday Night Matches

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 38.0 Degrees or Over after 5.00pm then all CAW Junior matches for that round are OFF.

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Corowa for the following days matches is 38.0 Degrees or Over after 5.00pm then all CAW Junior matches that are in Federation Council for that round are OFF.

Cancellation of Play all CAW Juniors Saturday Morning Matches

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 38.0 Degrees or Over between 8.00am and 11.30am then all CAW Junior matches for that round are OFF.

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Corowa for the following days matches is 38.0 Degrees or Over between 8.00am and 11.30am then all CAW Junior matches that are in Federation Council for that round are OFF.

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Holbrook for the following days matches is 38.0 Degrees or Over between 8.00am and 11.30am then all CAW Junior matches that are in the CAW Hume Competition for that round are OFF.

Extreme Weather Days

If the predicted temperature shown at 6.00pm on the Bureau of Meteorology (BoM) Website for Albury for the following days matches is 40.0 Degrees or Above the CAW Pennant Committee will declare an Extreme Weather Day and all ongoing matches will adhere to the CAW Extreme Weather Guidelines.

Extreme Weather Day Guidelines

On Days when play goes ahead and the CAW Board has declared that day an Extreme Weather Day the following Guidelines will be put in play:

1. Shade

Clubs should provide shaded areas where the batting team, spectators and scorers can shelter.

2. Drinks

Umpires should allow additional drink breaks without concern as to the extra time taken. Any participant may call for additional drinks at any time while batting, fielding or umpiring, although every effort should be taken to minimise delays when this occurs. For example, the drinks should be run onto the ground

immediately at the conclusion of an over and batsmen must be ready to take strike with a minimum delay to the fielding team.

Bowlers may have drinks placed on the boundary line which can be consumed during or at the completion of an over without disrupting play.

It is recommended that participants begin regular drinking routines using water or sports drinks before, during and after training and competition. These practices should become habitual. The electrolyte content of some sports drinks consumed following activity may shorten the time taken to recover, particularly in well-trained young athletes who sweat considerably.

Individuals may want to monitor weight changes before and after workouts to determine the amount of fluid they are likely to require.

3. Sun Protection

Players are reminded of the need for frequent application of sunscreen and the preference for long sleeved shirts to reduce exposure to the sun. Hats are an essential item and the wide brimmed style is recommended, particularly on sunny days.

4. Playing Times

Scheduled playing times can be changed by the CAW Board; however, Umpires may schedule a longer tea break and playing additional make up time. This is entirely at the Umpire's discretion.

On a declared extreme weather day, where a first innings result has been obtained, play shall cease.

5. Slow Play

At the Umpire's discretion, if more drinks breaks are required, and play needs to be slowed down, then play will continue until the required number of overs are completed or a first innings result has been achieved.

6. Player Rotation

After notifying his Captain and an Umpire (if possible) a player may remove himself from the field at any time for reasons of heat stress.

A batsman who has left the field of play for reasons of heat stress may return at the fall of a wicket. The batting team will be all out if there are no remaining batsmen.

Where a fieldsman has left the field of play for reasons of heat stress, the fielding team may use a substitute after notifying an Umpire. Fieldsmen may return at the conclusion of any over. In accordance with the Laws of Cricket, the fieldsman may not bowl immediately on his return, where he has been absent from the field for a period of more than 15 minutes.

Captains, coaches and managers should consider a participant's age, level of fitness and weight when supervising playing activities.

7. Umpires

Where an Umpire feels that his health or judgement may suffer because of the exposure to heat, he may take a break from his duties, after arranging an appropriate substitute. The appropriate substitute will depend on the circumstance of the match in which he is officiating, but it is likely to involve requiring the other appointed Umpire to officiate at both ends and a club official or player to stand at square leg. If the affected Umpire is the only official (or Club Umpire) it will be necessary for an experienced club official or player to officiate.

8. Illness and Treatment

Club must provide first aid kits for the treatment of heat affected participants. Every endeavour should be made to have a club member who is properly skilled in the treatment of heat affected people, at home games.

A notice should be prominently included in or displayed near the first aid kit, explaining the treatment of heat affected patients.

Symptoms of heat illness may include:

Light headedness, dizziness
Nausea
Obvious fatigue
Cessation of sweating
Obvious loss of skill and co-ordination/clumsiness/unsteadiness
Confusion
Aggressive or irrational behaviour
Collapse
Ashen pale grey skin

Serious heat illness in sport presents as heat exhaustion or heat stroke. Heat exhaustion is the more common sports related heat illness. Heat stroke is rare, but is a life threatening condition.

The following action should be taken in cases of heat illness:

Remove the person from the field
Lay the person down in a cool place
Raise legs and pelvis to improve blood pressure
Remove excess clothing
Cool by wetting skin liberally and vigorous fanning (evaporative cooling)
Apply ice packs to groin, arm pits and neck
Give cool water if conscious.
Persons suffering from heat exhaustion usually recover rapidly with this assistance.
If the patient remains seriously ill, confused, vomiting or shows signs of altered consciousness call an ambulance immediately and seek medical help. If in doubt, treat for heat stroke. In that case:

Continue cooling

If available, cool in a shallow canvas/plastic bath of iced water (5 – 10 minutes)
If necessary, cooling should continue during removal to hospital.

CAW Juniors Playing Senior Cricket in matches where the Heat is above 38 Degrees

Any CAW Junior Registered Player (Under 18,16 or 14) wishing to play Senior Cricket in a match where the Temperature is stated to be above 38 degrees at either the Albury or Corowa/Rutherglen BoM Site must have written parental permission before they take to the field, which must be supplied to their club captain before the coin toss.

Note: Parents or Guardians will only have to fill out one permission slip for the season

ADVERSE WEATHER REGULATIONS – AIR QUALITY INDEX

GUIDELINES Re Air Quality

This now stands solely with the CAW Pennant Committee

If at any point going forward, there is a issue with the Air Quality the CAW pennant Committee will use Team App to contact all grounds.

Once you have received the message you must come off the ground at the end of the Over

If you match has Umpires, they are to be informed straight away or at the end of the over whatever is the most practical.

SOCIAL MEDIA

Any CAW Player making comments on or about CAW Rules, Policies or Board Members that is taken as offensive by the CAW Board or the CAW Pennant Committee will be suspended for Four (4) Matches.